













# Community Engagement for Teens

## while Social Distancing

<p>Make a video educating people on something of your choice—planting trees, how to cook a nutritious meal, how to wash your hands.</p> 	<p>Write about staying home in isolation. You're doing a service by staying in and social distancing.</p>	<p>Record a video of yourself reading a favorite picture book to share with the elementary campus.</p> 	<p>Design posters with positive messages for an assisted living facility, and send them digitally for them to print.</p>	 <p>Write positive messages in chalk around your neighborhood for neighbors to see when they take a walk.</p>
<p>Put together digital packets of games and learning activities for younger students that can be shared digitally with families at the elementary school.</p> 	 <p>Send an online card to a child who is a patient at <a href="#">St. Jude Children's Research Hospital</a> through their email card program.</p>	<p>Receive names and parent email addresses for younger students and write an email or video message to say hi and send positive vibes.</p> 	<p>Transcribe historical documents including diaries and working papers of prominent Americans and records associated with the <a href="#">Smithsonian's vast scientific collections</a>.</p>	<p><a href="#">Sewing masks for those who need them.</a></p>  <p>(<a href="#">Mask-making projects are popping all over as crafters mobilize against coronavirus</a>)</p>
<p>Send a thank you note to first responders: nurses, doctors, grocery store employees, etc.</p> 	<p>Write a letter to your government reps: city/state/federal.</p> 	 <p>Write a letter to an elder <a href="#">through this organization</a>.</p>	<p>Record a dance "class" or yoga class for younger students to watch and do at home.</p>	<p>Learn a new skill that you can use to help others in the future.</p>
<p>Help with chores at home.</p> 	<p><a href="#">Thank a hero.</a></p>	 <p>Write an op-ed article.</p>	<p>3D Print PPE using <a href="#">FDA guidelines</a>.</p>	<p>Add your own:</p> <hr/> <hr/> <hr/>